



**MALAYSIA
MADANI**

**INSTITUT TANAH DAN UKUR NEGARA
KEMENTERIAN SUMBER ASLI DAN KELESTARIAN ALAM**

TAHUKAH ANDA CARA MENGENAL PASTI LIMITASI JURUTERBANG DRON?

The IMSAFE Checklist

- **I - Illness**
AM I Sick?
- **M - Medication**
AM I on medication?
- **S - Stress**
Do I feel Stressed?
- **A - Alcohol**
When was my last drink?
- **F - Fatigue**
Am I tired?
- **E - Emotion**
Am I sad or angry

